



WRAP MENU

MONDAY

- 1) Roast Chicken with chili mayo, avocado, cream cheese & cheddar
- 2) Chicken Caesar with lettuce, tomato, cucumber & parmesan

TUESDAY

- 1) Mediterranean roasted veg with humus, pesto, feta & sun dried tomato
- 2) Smoked Chicken, cheese, avocado & sweet chili mayo

WEDNESDAY

- 1) Prego Steak with caramelised onions & corn
- 2) Smoked salmon with cream cheese, avocado, Japanese mayo & red onion

THURSDAY

- 1) Crispy Crumbed Chicken with sweet chilli, cream cheese, avo & cheddar
- 2) Falafel with hummus, red pepper pesto & a zingy tomato & coriander salsa

FRIDAY

- 1) BBQ Beef, cheese & jalapeno
- 2) Prego chicken with corn